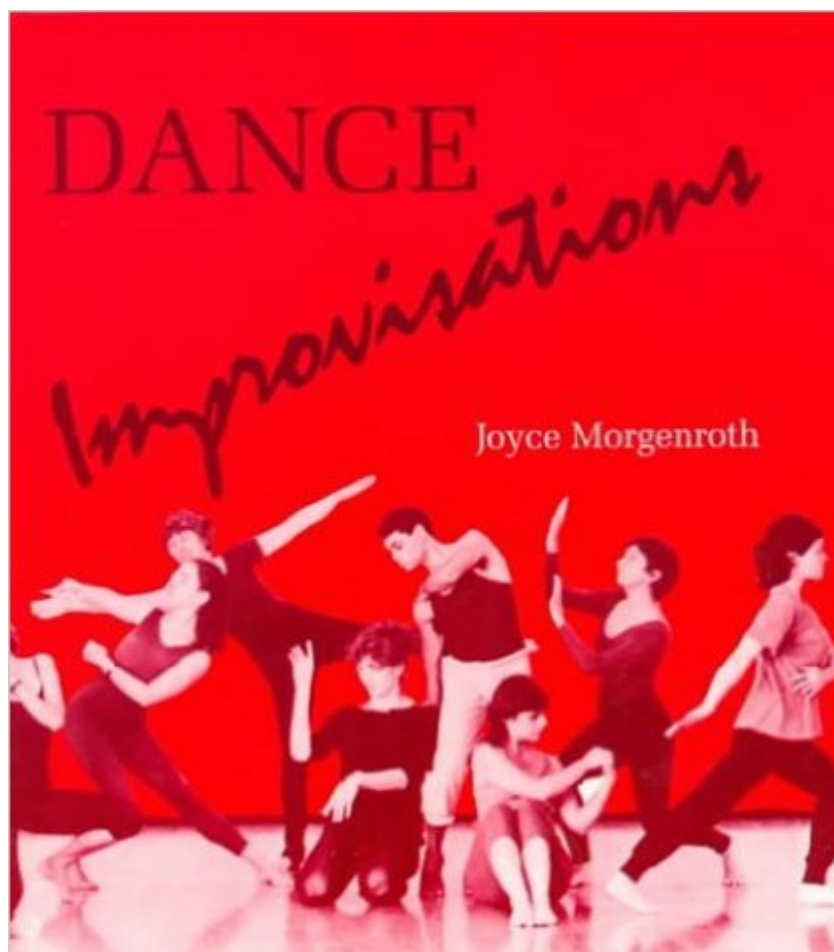


The book was found

Dance Improvisations



Synopsis

Dance Improvisations is a book for teachers of dance and acting, choreographers, directors, and dance therapists. Systematically offering a complete range of ways to explore dance, it can be used as a syllabus or as a reference for groups of all ages and all levels of experience. The first chapter in Dance Improvisations introduces ways for a group to practice working together and for the dancers to gain an effective awareness of each other. These preliminaries are followed by a body of improvisational problems, organized into three main areas: Space, Time, and Movement Invention. Each area is presented as a series of topics. Each topic progresses from individual exploration to more formally structured group improvisations, with emphasis on learning to work as a group toward common structural goals. This book is the first in its field to go beyond the pursuit of physical inventiveness to nurture the development of structural intuition. Joyce Morgenroth has succeeded in presenting improvisation in a way that is rational and methodical as well as inventive and personal - in the conviction that improvisation at its best is comprised of both form and fancy.

Book Information

Paperback: 160 pages

Publisher: University of Pittsburgh Press; 1 edition (June 2, 1987)

Language: English

ISBN-10: 0822953862

ISBN-13: 978-0822953869

Product Dimensions: 8 x 0.5 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

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Customer Reviews

Talk about ideas. This book has wonderful exercises to explore with friends, a class, and workshops of all kinds. Morgenroth starts with the planning of a session and brings you all the way through time, space, weight dependency, rhythm and breathing to the closure of a session. She details preparation, procedure, variations and observations in a straight forward, to the point maner. The exercises are interesting and stimulate movement in creative ways. I recommend this book to anyone exploring improvisational movement.

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